

Leaf Sap Analysis for Plant Resilience

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Summary

Leaf sap analysis, also known as plant sap analysis, is a diagnostic tool that assesses plant health by measuring mineral levels and other analytes in plant sap. This method provides an immediate snapshot of micro- and macro-elements (e.g., nitrogen, phosphorus, potassium) being transported within the plant, as well as additional compounds such as total proteins, phenolic compounds, ethanol, and carbohydrates (measured via Brix analysis). These metrics help evaluate plant stress and susceptibility

to pests and diseases before visible symptoms emerge. By integrating diagnostics, data science, and crop biofeedback, growers gain real-time insights into nutritional imbalances, enabling informed adjustments to fertilization and management practices. This approach enhances plant resilience, optimizes resource use (e.g., fertilizers, water), and reduces reliance on pesticides and fungicides, supporting sustainable agriculture.

INTRODUCTION

Leaf sap analysis, a subset of plant sap analysis, has emerged as a cornerstone of precision nutrient management, offering applica-

tions in foliar spray design, fertilizer efficiency evaluation, biostimulant testing, nutrient stress diagnostics, and systemic issue identification (**Fig. 1**).



Figure 1. Common Uses for Leaf Sap Analysis. This figure illustrates key applications of leaf sap analysis, including precision nutrient management, foliar spray optimization, fertilizer efficiency assessment, biostimulant evaluation, nutrient stress diagnostics, and systemic issue detection. Visual elements include icons representing plants, nutrient charts, and analytical tools (e.g., spectrometers), emphasizing its multifaceted role in crop care.

Unlike traditional soil or tissue analysis, which provide static snapshots, leaf sap analysis captures the dynamic translocation of nutrients and metabolites within the plant, offering a real-time assessment of physiological status. This enables growers to detect deficiencies or excesses (e.g., nitrogen, phosphorus, zinc) before physical symptoms manifest, facilitating proactive management decisions that bolster crop health and resilience against abiotic (e.g., drought, salinity) and biotic (e.g., pathogens, insects) stresses.

The scientific foundation for leaf sap analysis is well-established, with studies demonstrating its efficacy in monitoring macro- and micro-element levels in plant tissue (Esteves et al., 2021). Recent research by Fan et al. (2021) highlights the biochemical and physiological cross-talk between macro- (e.g., N, P, K) and micro-nutrients (e.g., Zn, Fe), emphasizing molecular mechanisms such as nutrient stress signaling and phytohormone interactions. This understanding is critical for sustainable intensification, a strategy that optimizes fertilizer and input efficiency while minimizing

environmental impact (Tilman et al., 2011). Additionally, advancements in analytical techniques—such as inductively coupled plasma mass spectrometry (ICP-MS) and high-performance liquid chromatography (HPLC)—have enhanced the precision of sap analysis, making it a valuable tool for modern agriculture (Reuter & Robinson, 1997).

SOIL, LEAF TISSUE AND SAP ANALYSIS

The practice of analyzing soil, leaf tissue, and plant sap for mineral determination dates back to the 1920s, pioneered by agricultural chemists like Treub (1923), who correlated sap nutrient levels with plant

growth (**Fig. 2**). However, it was not until the 2010s that leaf sap analysis gained prominence with the integration of advanced technologies, such as RGB imaging, SPAD chlorophyll meters, and near-infrared spectroscopy (NIRS). These tools enable detailed assessments of plant biomass, chlorophyll content, nitrogen status, and pest/disease indicators (Gitelson et al., 2003). Today, specialized laboratories equipped with ICP-MS, gas chromatography-mass spectrometry (GC-MS), and automated sap extraction systems provide comprehensive insights into plant-sap correlations with soil health and crop quality (Jones, 2012).

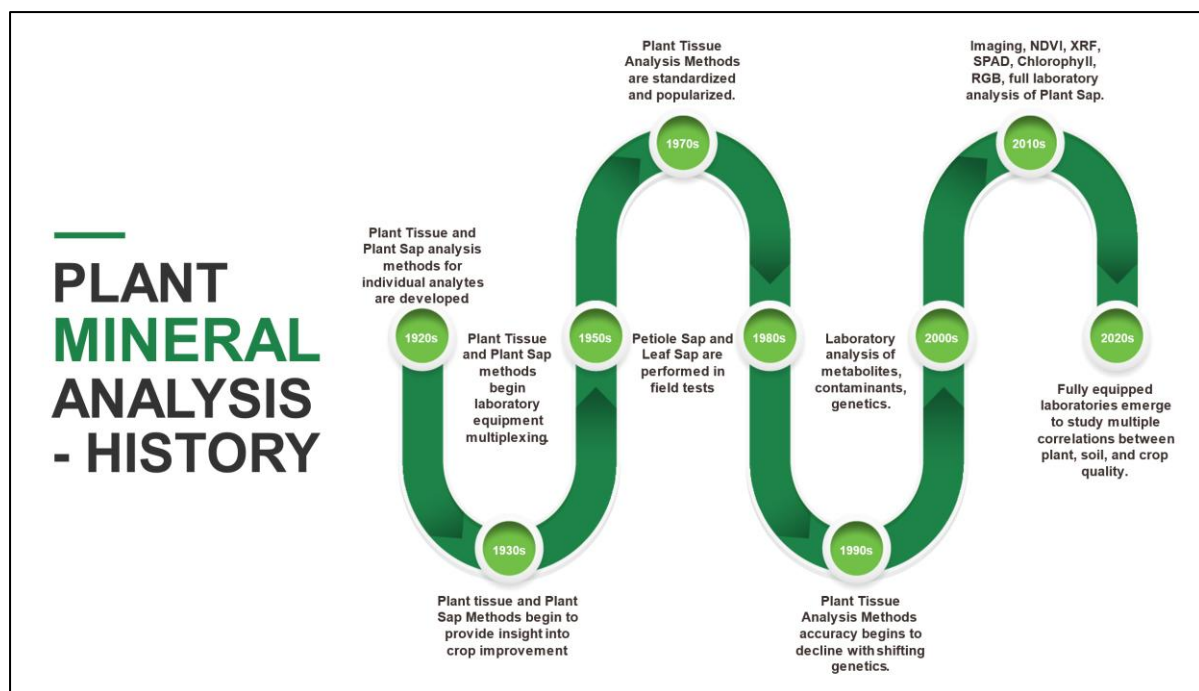


Figure 2. A History of Plant Mineral Analysis Using Plant Tissue and Plant Sap Methods. This timeline chart traces the evolution of plant mineral analysis from the 1920s (initial soil and tissue studies) to the 2010s (integration of RGB imaging, SPAD meters, and NIRS). Key milestones include Treub’s early sap analysis (1923), the advent of tissue testing in the 1940s, and modern precision tools, highlighting technological advancements.

A COMPARISON OF PLANT ANALYSIS METHODS

Plant analysis methods—utilizing satellites (RGB imaging), drones (Normalized Difference Vegetation Index, NDVI), tissue analysis, handheld spectral instruments, and leaf sap analysis—offer distinct benefits and limitations (Fig. 3). Leaf sap analysis stands out for its immediate snapshot of nutrient translocation, cellular precision, and precise sampling, making it ideal for real-time decision-making. Satellite and drone methods provide broad spatial coverage but lack cellular resolution, while tissue analysis, though detailed, is retrospective and labor-intensive (Marschner, 2012).

Handheld spectral tools offer portability but are less specific than sap analysis. The integration of these methods with data science enhances diagnostic accuracy, as demonstrated by machine learning models predicting nutrient deficiencies (Singh et al., 2020).

SOME COMMON TOOLS FOR ASSESSING MINERAL IMBALANCE

Some common tools for assessing mineral imbalance (deficiency and excess) in plants include identifying plant macro- and micro-elements based on leaf maturity (older vs. newer leaves) and visual observations (Figs. 4 and 5). Mulder’s Chart is based on the interaction of plant macro- and micro-elements in plant nutrition and fertility programs (Mulder, 1953).

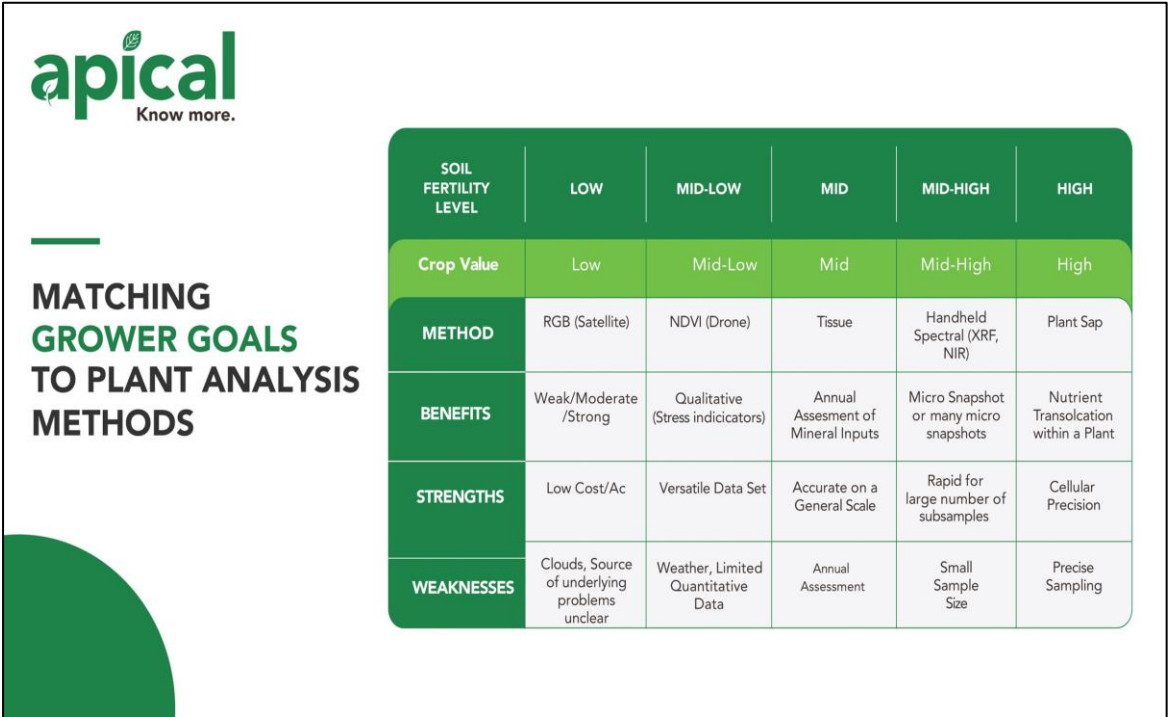
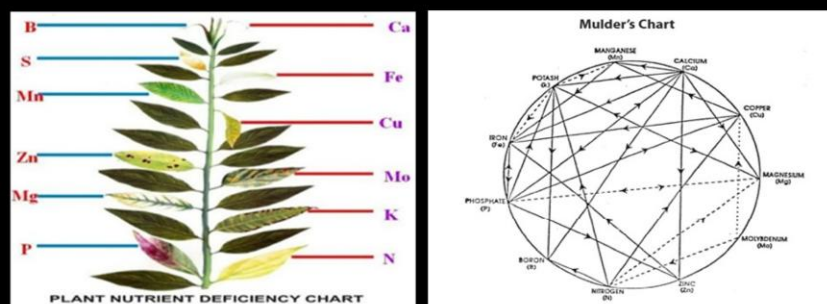


Figure 3. A Comparison of plant analysis methods utilizing satellites (RGB), drones (NDVI), tissue analysis, Handheld Spectral Instruments, and Plant Sap Analysis. The table compares methods based on coverage (e.g., field-wide vs. cellular), timeliness (real-time vs. retrospective), precision (high vs. moderate), and cost (low vs. high). Leaf sap analysis is highlighted for its real-time nutrient translocation data, while drones excel in spatial mapping, and tissue analysis provides historical insights.

COMMON TOOLS FOR ASSESSING MINERAL BALANCE IN A PLANT



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Figure. 4. Common tools for assessing mineral imbalance (deficiency and excess) in plants. This figure shows (left) a diagram of leaf maturity analysis (older vs. newer leaves) with color-coded deficiency symptoms (e.g., yellowing for N deficiency), and (right) Mulder's Chart illustrating nutrient interactions (e.g., P-Zn antagonism).



IDENTIFYING DEFICIENCIES AND EXCESSES

- Old leaves < new leaves of NPK Mg indicate deficiencies
- Old leaves > new leaves of Na, Cl, and Al indicate excesses
- New leaves < old leaves of Mn, B, Fe, Zn, Cu, Co indicate deficiencies
- High levels and/or wide gradients of B, Al, Mn, and Fe indicate excesses
- Use Mobile and Immobile Indicator Charts
- Calcium ratios for salinity and turgor pressure

Figure 5. Identifying plant mineral deficiencies and excesses in older and new leaves. This image depicts leaf samples with labeled deficiencies (e.g., N in older leaves, Zn in new leaves) and excesses (e.g., K-induced Mg deficiency), providing a visual guide for field diagnosis.

UTILIZING LEAF SAP ANALYSIS TO MANAGE FERTILIZATION AND PLANT EFFICACY

Leaf sap analysis eliminates guesswork in fertilization by detecting imbalances that cause stress, such as macro- and micro-element deficiencies or over-fertilization leading to defoliation or stunted growth (**Fig. 6**). Mineral imbalances weaken plant immunity, increasing susceptibility to biotic (e.g., aphids, fungi) and abiotic (e.g., heat, drought) stresses, often linked to carbon deficiency from disrupted photosynthesis (**Fig. 7**). By monitoring sap nutrient levels (e.g., P at 0.2–0.5% dry weight, Zn at 20–50 ppm), growers can adjust fertilization to

optimize photosynthetic efficiency and immune response (Reuter & Robinson, 1997).

This approach, part of comprehensive nutrient management, integrates diagnostics, data science, and crop biofeedback to recommend tailored interventions (**Fig. 8**). For instance, machine learning algorithms analyzing sap data with soil and weather inputs can predict stress thresholds, reducing input waste by 10–15% (Kamilaris and Prenafeta-Boldú, 2018). Leaf sap analysis thus supports sustainable intensification, aligning with global goals to enhance food security while minimizing environmental footprints (Godfray et al., 2010).

LEAF SAP ANALYSIS (what we've learned)

- Fertilization often involves guesswork for many.
- Carbon deficiencies are a common cause of plant nutrient excesses.
- Nutrient excesses can lead to cascading problems for growers.
- Leaf sap analysis can easily identify nutrient deficiencies in both new and old leaves.
- The efficacy of various crop inputs can be assessed.
- Conditions such as Healthy/Sick, Weak/Strong, Insect presence/absence, and Treated/Untreated can be studied easily.
- More accurate fertilization leads to lower stress levels and better crop performance.



Figure 6. Utilizing leaf sap analysis to manage fertilization and plant efficacy. This flowchart shows sap analysis detecting imbalances (e.g., low P), triggering fertilizer adjustments, and improving resistance to pests, with icons for sap extraction tools and healthy plants.

Yield and Quality **LOSS**

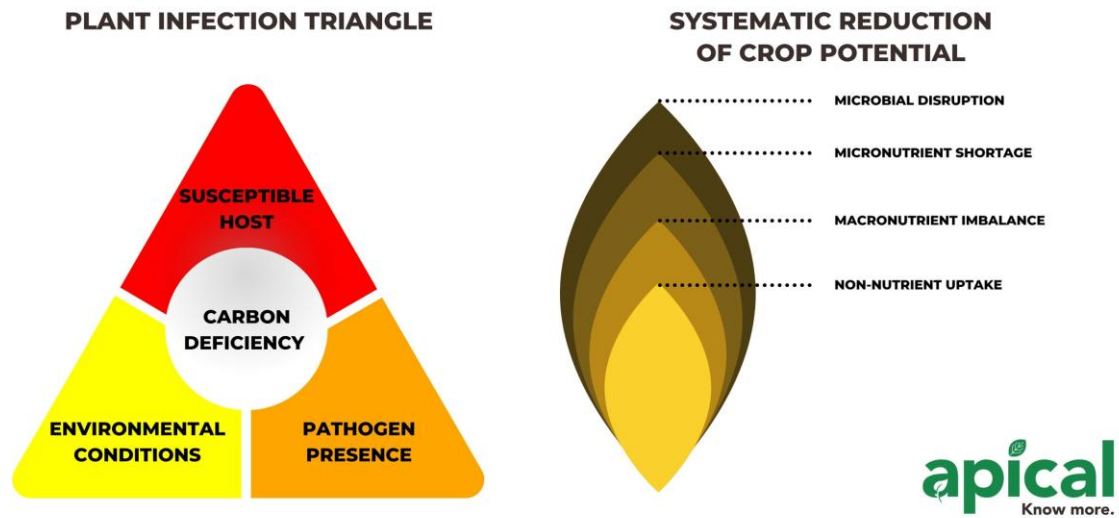


Figure 7. Carbon deficiency (reduced photosynthesis and subsequent carbon production) due to mineral imbalance. This diagram illustrates how mineral shortages (e.g., Mg for chlorophyll) reduce photosynthesis, weakening pest resistance, with arrows linking nutrient uptake to carbon metabolism.

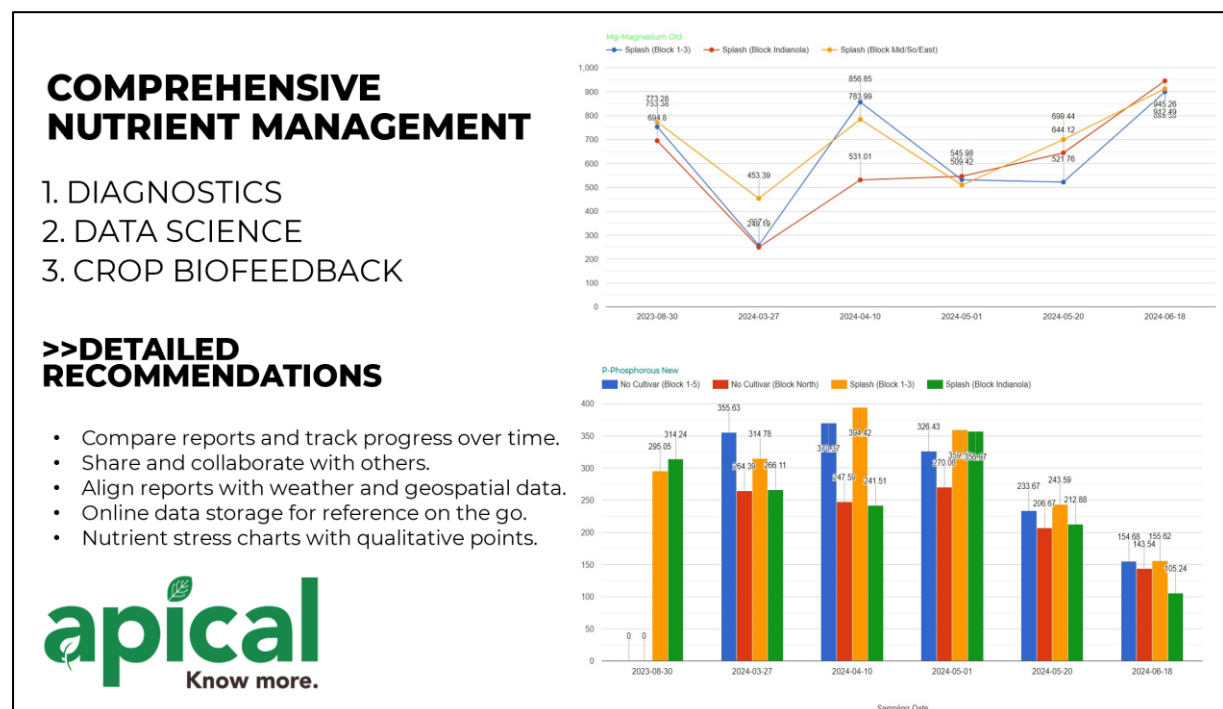


Figure 8. Comprehensive nutrient management includes diagnostics, data science, crop biofeedback, and subsequent crop recommendations. This cycle diagram depicts sap analysis feeding into data models, generating biofeedback, and providing fertilizer recommendations, with feedback loops to refine management practices.

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